



Rejuvenate your spirit.

Join **Catherine Joanne** for six days of spiritual enrichment, worship and music each month at St. John Cantius Parish.

2018-2019 SEASON

TUESDAYS



Twilight Retreat

Potluck supper followed by music, prayer and reflection on one of the "Ten Pillars of Joy." Concludes w/ 7:45 night prayer.

6:30 P.M. • RECTORY DINING RM.

The "Ten Pillars of Joy" we will explore are:

- 9/11/18: Humility
- 10/16: Humor
- 11/13: Gratitude
- 12/11: Generosity
- 1/15/19: Forgiveness
- 2/12: Compassion
- 3/12: Acceptance
- 4/23: Prayer
- 5/14: Perspective
- 6/11: Simplicity of Life

FRIDAYS



Spiritual Date Night

Deepen your relationship with a loved one – and with God – in a relaxed setting. Dinner provided.

7 P.M. • RECTORY DINING RM.

9/14, 10/19, 11/16, 12/14, 1/18, 2/15, 3/15, 4/26, 5/17, 6/14

SATURDAYS



Discover the Bible

Learn more about how to read, understand and pray with the Bible.

10 A.M. • RECTORY

9/15, 10/20, 11/17, 12/15, 1/19, 2/16, 3/16, 4/27, 5/18, 6/15

WEDNESDAYS



Spiritual Direction for Individuals and Couples

One-hour slots with Catherine available all day and evening.*

CALL 215-535-6667 TO SCHEDULE

9/12, 10/17, 11/14, 12/12, 1/16, 2/13, 3/13, 4/24, 5/15, 6/12

SUNDAYS



Sunday Worship

- 10 A.M. **Family Mass**, featuring SJC Youth Music Group
- 5 P.M. **Holy Hour & Evening Prayer**

CHURCH OR CHAPEL

9/16, 10/21, 11/18, 12/16, 1/20, 2/17, 3/17, 4/28, 5/19, 6/16

Fr. Joseph Zingaro aims to nurture and develop the heart of spirituality within the parish. **Take this opportunity** to deepen your faith, grow spiritually and better understand our Catholic beliefs. All parishioners and the general public are invited to all programs.

Contact: parishservices@stjohncantiusparish.org | 215-535-6667.



St. John Cantius Parish
THE CATHOLIC COMMUNITY OF BRIDESBURG